

CARUSI HEALTH SERVICES OFFICE

WHAT FORM DOES MY STUDENT NEED?

Annual Physical Package

“Blue Kit”

Forma español disponibles

If your student plans to participate/try-out for a sports team or participate in an Intermural sports program AND

- has **NOT** had a physical within 365 days of the start date for the try-out/team/program .

Health History Update

“Green Packet”

If your student plans to participate/try-out for a sports team or participate in an Intermural sports program AND

- Has a current physical on file in the Nurses office that was completed more than 90 days, but less than 365 days prior to the start date for the try-out/team/program .

Athletics Participation Release Form Only

“White Form”

If your student plans to participate/try-out for any sports team or participate in an Intermural sports program AND

- Submitted either a complete “Blue Kit” or “Green Packet” for the current season (Fall, Winter, or Spring) but has decided to participate in a second or different athletics program during the same season.